# Sally Forth

# Western District Newsletter December 2017 January 2018



# **Diary of Events**

#### December 2017

Friday 1 <sup>st</sup> Saturday 2 <sup>nd</sup>	Basic 8 Bell Practice Beginners & Improvers Practice - Contact Christine first on 01903 872623	Arundel Washington	7.30pm 9.30am
Wednesday 6 <sup>th</sup>	Codgers	for towers see SCACR calendar	11.00am–12.15pm 2.00pm–3.30pm
Saturday 9 <sup>th</sup>	Young Ringers' Christmas-themed ringing Contact Anne at <a href="mailto:annefranklin@hotmail.co.uk">annefranklin@hotmail.co.uk</a>	Southover (Lewes)	2.30pm-430pm
Friday 15th Saturday 16 <sup>th</sup>	Advanced 8 Bell Practice Ringing Carol Service Followed by Tea Members from all districts are welcome Names for tea to David at events-west@scacr.org	Arundel Angmering	7.30pm 3.00pm 4.30pm
Saturday 23 <sup>rd</sup>	<b>Surprise Minor Practice</b>	Walberton	10.15am
<b>January</b> Wednesday 3 <sup>rd</sup>	Codgers	for towers see SCACR calendar	11.00am–12.15pm 2.00pm–3.30pm
Friday 5 <sup>th</sup>	Basic 8 Bell Practice	Arundel	7.30pm
Saturday 6 <sup>th</sup>	<b>Beginners &amp; Improvers Practice -</b> Contact Christine first on 01903 872623	Washington	9.30am
Saturday 13 <sup>th</sup>	Ringing Followed by Tea	Midhurst	3.00pm
Friday 19 <sup>th</sup> Saturday 27 <sup>th</sup>	Names for tea to David at <a href="mailto:events-west@scacr.org">events-west@scacr.org</a> Advanced 8 Bell Practice Surprise Minor Practice	Arundel Walberton	7.30pm 10.15am

#### **Looking Ahead February**

Saturday 3<sup>rd</sup> Northern District ADM Saturday 10<sup>th</sup> Western District ADM. Saturday 17<sup>th</sup> Southern District ADM Saturday 24th Eastern District ADM

Many thanks to everyone who sent in items for the newsletter. Your input is greatly appreciated.

Please send dates of forthcoming events for the next Diary update to Mandy and Hamish via news-west@scacr.org by 15th January 2018 and your contributions for the next edition of SallyForth by 15th March 2018. Thank you

# **Secretary's Musings**

Here we are again fast approaching Christmas and the New Year, not only a busy time at home but also for ringing. We've just finished ringing for remembrance weekend and then the Queens Platinum Wedding Anniversary and for me this was after helping on the 2 day training course. I and Graham helped on the Bob Doubles Course which was run very ably by our own Margaret Sherwood from Pagham. All 6 students ended the 2 days saying they felt that they had improved and we definitely saw them grow in confidence and ability, with all the extra ringing and help.

Training Course Students
Julie, Julia, Jan & Beverley
Watching Caroline ring



We have our Carol Service coming up in December at Angmering and this will be in the form of 5 carols and readings with another great tea provided by the ringers. So come and have an uplifting sing of some favourite carols, after some ringing, to set you up for Christmas.

Once into the new year we have to start thinking of our Annual District Meeting and nominations for the Sussex Association posts, especially the Master's position, as Graham will have finished his 3 year stint in May. Don't forget to ask the person in question if they are willing to stand before nominating them. We will also be nominating people for our committee in the West. If you would like to be involved in running our District, even being Secretary, then do talk to either me or another member of the existing committee who can tell you more. We only meet twice a year usually and this is mainly to sort out our calendar of monthly gettogether practices so any new ideas are welcomed.



It therefore only remains for me to wish you all a very Merry Christmas and Happy New Year.

Moya Hills Sec West sec-west@scacr.org 01903-266980

# SUSSEX COUNTY ASSOCIATION OF CHANGE RINGERS West District WELCOME TO OUR NEW MEMBERS

Angela Gold, Steyning Janet Lock, Felpham

Stephen Haigh, Chichester Nalon, Junior member Arundel

## **WEST'S MONTHLY GET TOGETHERS**

# Pulborough Walk and Ring 10th September

The "Walk and Ring" has been a little late this year, to fit in with other monthly events so it was on 10<sup>th</sup> September that we were viewing the weather forecast anxiously. Heavy, thunderous showers and bright sunshine gave everyone wardrobe problems so it was a backpack and rain-hat kind of day for our walkers who were to start at Pulborough.

The route had been scouted out by Christine, Pip, Ruth and myself to avoid any difficult bits and time the journey. Orders for food were secured in advance to avoid big delays at the pub in Fittleworth at journeys end and Jack and Graham volunteered to provide a taxi service for stragglers and to ferry people back to their cars from the pub.

Pulborough St Mary's has eight bells (13.2 cwt tenor) and a ringing chamber big enough for the 16 or so enthusiastic ringers eager to try these fine bells. The sun was out and we had great views of the hills all round. After ringing up (why was I standing by the tenor?) we launched into call changes, Grandsire Triples and Stedman Triples. It was good to see people of widely ranging abilities enjoying themselves and showing their skills. Bell ringing is mainly a social activity with some mild exercise thrown in and not one usually of competition. Gatherings like this give us a chance to relax and ring in another tower from our home base and so to become better ringers by broadening our experience. It can be a bit daunting for the less experienced but if you don't try, you don't fly!

After about 45 all too short minutes we rang down then gathered outside to stretch our legs on the path to Fittleworth. Huge cumulus storm clouds, flushed orange by the setting sun, gave drama to the views across to the broad sweep of the South Downs. Christine chivvied the stragglers into order then lead the way onto a local footpath bordered by sweetcorn "as high as an elephants eye", past wonderful views of the hills and into dense woodland. An abandoned planting of dense conifers invited us in to explore and get lost but to paraphrase Robert Frost "The woods are lovely, dark and deep, but I had promises to keep and miles to go before I *eat*", so we marched on to Stopham bridge.

The pub looked very tempting, especially as the rain began to fall, making us delve for raincoats and hats. Bell ringers are made of stern stuff and we joined the main road for about ½ mile, past the ruined gate lodge and on until we could cross the road and have quieter walking again. Another footpath led us alongside of Walters Plantation and then onto Fittleworth Common, where a taxi service was waiting if required. Joining the road down to the village, Jane and Elaine dived down a gravel driveway to look at an ancient cottage where a very old man and 80 cats had lived (you think you have problems with your neighbours!). The "Swan" public house soon appeared, Jack and Graham did their taxi service, and soon 14 of us were seated awaiting refreshments. The weekend coincided with the Goodwood Revival and a dozen or so French and German vintage car enthusiasts on the next table livened up the evening with a continental motoring song (I think that was what it was!)

These events are great fun and are organised by enthusiastic people who love to see ringers get together, have a ring, a bit of exercise and a chatter. We would like to see more of you join us another time and some new faces would be very

welcome, so give it a try. I should like to thank all who made our day, those who came along and especially Mike and Brenda Etherington for allowing us to use their very special bells.

# Slindon and Aldingbourne 17th October

Slindon St Marys Church may not seem an obvious choice for 20 or so people to ring as there are only 4 bells and the pretty little village was in the throes of the pumpkin harvest. However, we did attract local interest once we had found a parking space and started ringing on a blissfully fine afternoon on 14<sup>th</sup> October.

My day's work had already taken in a quarter-peal with Julie McDonnell and a wedding ringing at Arundel St Nicholas Church, so I was well warmed up to try the recently refurbished installation at Slindon. It fell to me to organise the day's ringing as Graham and Moya were having a well-earned weekend off. So for the first time, I found everyone looking to me to get things going.

It was very heartening to realise that all were keen to ring, especially Francesco and Luca, two young lads that Mike has been mentoring at Pulborough. Not fazed by the stiff ropes and the need for a box to reach the sally, they were often at the front of



the group funnelling in to the little ringing chamber. A limited range of possibilities and skills dictated that most of us rang call changes with some Bob Minimus and but something more skilful was managed when David, Kathy and Stephen took over.



After one hour, we motored away to Aldingbourne St Mary the Virgin Church where the lovely ladies had prepared a marvellous tea for us all. Such cakes, eclairs, scones, sandwiches, biscuits and tea and coffee in abundance was a delight! Now I know why I go on ringing outings! The numbers of ringers had by then increased to about 25, so I am not the only one with an alternative motive, and while all tucked in, I had to sort out the raffle and juggle my plate and cup. This task usually falls to others so I was surprised at how long it took. Delegation proved to be the answer and Gabrielle was enrolled as the ticket seller which she did so well that we gathered in £44 for the bell restoration fund! Many thanks to those who brought along a prize and to

Hamish and Elizabeth who rallied around to fold and tear the tickets (another new skill learned). Hamish organised the ringing up then I called the raffle and the prizes were chosen with lots of amusement as Robin's numbers came up time after time! (Fine chap had bought lots of tickets of course).

The ringing then continued with Hamish organising and everyone enjoying the luxury of a fifth bell to play with. Francesco gave us call changes then we rang Bob Doubles, Grandsire and Stedman, all tucked into the cosy ringing chamber. Great fun, while those waiting kept up to scratch with local events and news until we called it a day just after 6.00pm. I was exhausted but spared some thoughts for Julie McDonnell who had pledged to ring five quarter peals the same day – quite a lady!

Many thanks to all who helped out and made our afternoon, especially you lovely girls who prepared the tea and I shall appreciate even more just how much skill it takes to tear up raffle tickets.

David Hall Tower Captain. Arundel St Nicholas and Lyminster St Mary's

# **Michael Palmer Award**

A reminder that nominations for the Michael Palmer Award have to be in by the end of December for consideration by the West's Committee. This a yearly award to a bellringer who has either achieved a personal goal or has learnt and progressed particularly quickly.

Any nominations should be sent to Moya, West's Secretary (<a href="mailto:sec-west@scacr.org">sec-west@scacr.org</a>), as a Word Document with reasons for the nomination

# Ken and Stella Knight

Ken and Stella have moved but they would like to keep in touch.

Please call in and see them or write to

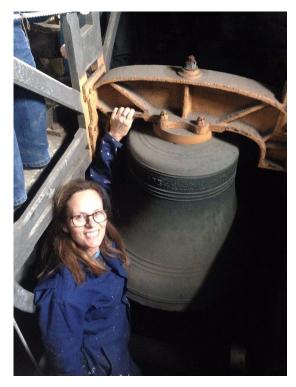
Claremont Lodge Care Home Fontwell Park, Fontwell Avenue, Nr. Chichester West Sussex PO20 3RY

# Zen and the A.R.T. of Bell Maintenance

The Association of Ringing Teachers provides training, support and motivation for ringing teachers and also offer a structured learning programme and recognition for new ringers but it does do other things too e.g. bell maintenance workshops. Alison attended one in Northampton on 23<sup>rd</sup> September. She says the course was a delight - well run, informative, practical and very reasonably priced. Her full account can be found on the web site - <a href="https://ringingteachers.org">https://ringingteachers.org</a> – but here are some extracts from her report:

"We (*i.e.* the delegates) were a mixed bunch from different backgrounds, with varied experience and interest. Some were taking on/succeeding to the role of steeplekeeper and others were just interested in knowing more about the bells and what we should be doing to look after them, particularly now there are fewer active bellringers, and ominously, many with years of hands-on knowledge are getting older and more bells are perhaps not being cared for as diligently as they used to be.

#### Health and Safety is common sense



The day began by examining "the common sense of Health and Safety, showing us the 'Golden Rules' - never work in the tower alone, always ensure someone knows where you are and what time you are expected to finish, never work on bells that are up, remove clock hammers to prevent surprises, put out warning signs saying people are working upstairs, log maintenance session in a tower log book. Jennie Higson, course leader, explained how corrosive pigeon droppings are (one of the reasons we need to try and keep them out of the belfry by birdproofing our tower) and that we need to use personal protective equipment (PPE) especially if there are droppings in the tower (further information hse.gov.uk), and finally, if you are in any doubt at all about any H & S aspect of Bell Maintenance to consult professional bellhangers. She referred to the Health and Safety Policy by the Central Council of Church Bell Ringers (CCCBR) Tower Stewardship Committee for the guidance of Society/Association/Guilds of Change Ringers as this covers bell maintenance and inspection: Health and Safety Policy. In addition, the following documents were referenced and detailed: Vertical ladders guidance - working at height, Fire Risk Assessment form. She showed us the risk assessment tool the CCCBR has on their website, which I found under https://cccbr.org.uk/services/tower-stewardship/ - Risk Assessment

https://cccbr.org.uk/services/tower-stewardship/ - Risk Assessment Guidance Notes, Forms, examples. Using this you can grade the likelihood and severity of a risk to produce a risk rating for working in a belfry or anywhere else for that matter. We worked in groups to discuss how we would approach a risk assessment in our own towers as none

of them are the same and all have different aspects to consider.

Jennie asked how many of us knew if our tower had risk assessment documentation, for visiting ringers to see, and if there is an accident. She said "It's our responsibility to ensure we are aware of safety and risk". We discussed the importance of having our church postcode on display for example, in case there is an accident and someone needs to contact the emergency services, all agreeing during the useful discussion that Health and Safety is not tricky, it's just common sense really.

#### **Bell components**

Next Jennie talked about what we needed to check, how often and why. The Course Pack included a Belfry Maintenance Schedule listing monthly, quarterly, half yearly and annual check grids. (*NB there is a Bell Maintenance document available to download from the SCACR website which includes a maintenance schedule*) She explained how to check items such as clapper movement to see if bushes were wearing, and the effectiveness of different materials used. She talked about cannons on older bells, which make them harder to ring, circular headstocks, metal and wooden frames. Jennie stressed our job is to **undertake regular maintenance checks and if you are in doubt about anything, call the professional bellhangers!** 

#### Practical instruction #1 – Things we looked at in the belfry

We looked for wheel fillets holding the pieces of wood together, followed ropes through pulleys and garter holes. There is no specific way to tie ropes to wheels but it must be neat and tucked out of the way, and it needs to stay on, pretty

important really! Bearing housings have blocks to hold them in place. She pointed out the reflectors on some of the wheels and some little lights because there is a simulator on the middle six bells. Check if the stays are loose or cracked, check every bell you can see. Inside the bell look up at the top to the crown staple, look at the stay slider and check it is running smoothly, feel if there is any play in the clapper, look at the bolts on top of crown that hold the clapper, is the split pin in there, check bearings and gudgeons. Look at stay bolts, a thorough check of the wheel shrouding and filets, making sure that the fillets haven't come out. Make sure the bobbins are secure, check the crown staple, and headstock, and keep a stock of split pins. Bearings need to be lubricated but not puthering out. I had to look that one up – it's a local colloquialism (East Midlands English) and means to pour out uncontrollably!

#### Belfry walls and floors

Check belfry weather proofing but be aware if the wall boards are asbestos - these are fine in situ but you can't take them out or cut them without calling in specialists. Carpets against the louvres can provide some sound proofing. Test the flooring. If the belfry is cleaned annually it will be a nicer place to be in - get other ringers involved, and they might even want to go on a bell maintenance course!"

Alison Everett
SCACR Events and Communications Team Leader
Find me on Facebook

follow on twitter <u>@scacr\_bells</u> <u>@sussexbells</u> email: publicity@scacr.org

# DORSET BELLS Goring's Outing 16th September

Rime Intrinsica, Fontmell Magna, Sturminster Newton and Melbury Bubb may have been John Betjeman's favourite places in Dorset but we were off to a handful of other hamlets of equal obscurity for a day of bell ringing delights. 15 came in a very smart mini-bus driven by Guy while I accompanied Tansley in her car as she wished to return directly after the last tower.

Good roads, an early start and soon we were passing through the New Forest and into an area of winding little bye-ways, high hedges and acres of open fields. Five miles north-west of Wimborne Minster lies Witchampton St Mary and Cuthberga and All Saints church (6 bells 7-0-14 cwt). The warm sunlight, an old stone square tower and the scent of freshly scythed grass had us smiling too soon as nobody was there to let us in! After 15 minutes of exploring the pretty hamlet a key was secured and we climbed up to the little gallery to gratefully ring up this light set of bells. Cuthberga was a Saxon princess who founded Wimborne Minster and her image features on the 4 panel stained glass west window with lilies at her feet which were featuring again in the striking flowery wooden lectern. Call changes, Bob Doubles, Stedman, Bob Minor and Cambridge showed what a good mix of ringers we were while a benevolent "Happy", one of the 7 dwarves, looked down on us with his shovel! The circular stone mounting block in the churchyard was unusual but we were behind schedule so packed into our transports and sat-naved our way to Gussage St Michael (6 bells 11-0-10 cwt)

One of a line of Gussage hamlets along the line of the Gussage river, it was a rather gloomy, musty little church set back into woodland, but it did have a generous Jacobean timber staircase up to the ringing chamber. Having the bells in reverse order caused a bit of confusion especially when "standing" the bells as some of us looked the wrong way. We managed Norwich, Grandsire, plain hunt and with Graham prompting Alison, a course of "Dog Bubbles"!

We emerged to light rain but it was time for the pub anyway and we headed the mile or so to The Drovers Inn where most of us sat in the car park with sandwiches. A quiet, pretty building, it had been saved from conversion to a private house by the locals and had received an award by CAMRA in 2016. We did take advantage of their teas and coffees and admired the range of food on offer with "seasonal changing pie" and "Brixham catch of the day" wondering at what we were missing! The only other couple eating there turned out to be bell-ringers from Hampshire!

Off again, we were bound for Wiltshire and Cranbourne Chase where we found Tollard Royal St Peter ad Vincula (6 bells 7-0-14 cwt). Set in the luxurious surrounds of the Rushmore Estate with its rolling hills, woods and railed-in fields, the little square towered stone church showed previous histories of the family including Alice Arbuthnot who died on her honeymoon after being struck by lightning on the Shildhorn. The stone tomb effigy of Sir Willian Payne, died 1388, regaled in full Crusader armour with legs crossed, may have been there in 1410 when the tower was rebuilt at a cost of £10! The Sanctus bell had been cast in 1400 but the 6 we rang the ground floor six which were recast in 1999 and went well. Courses of Reverse Canterbury, Bob Doubles, Cambridge, St Simons and call changes were a good way to settle our lunches before it was time to head off once more.



Our next tower was Martin All Saints (6 bells 8-3-16 cwt) and a very impressive stone spire built off the oldest, Anglo Saxon, part of the church. The ground floor ring was shared with an impressive display of modern electrical gear squeezing the front 3 ropes into a line which was a bit awkward for some. We rang up and went straight into Bob Minor (thanks Moya, you can have the tenor next time!) then courses of Bob Doubles, Cambridge and St. Simons followed. The church dates from 1030, 100 years before Salisbury Cathedral, and was originally about 24 feet by 17 feet and made of timber. The tower was raised and given a steeple in 1569 and improved again in 1787, a very striking manifestation of wealth, presumably by the Horsey family who used it as their chapel and final resting place.



After lots of little narrow lanes, high hedges, cute cottages and testing times for the satnavs, we found Damerham St George (6 bells 8-1-16 cwt). It was seemingly miles from anywhere, but we were still advised by the lovely lady who greeted us that we should not leave any valuables in the car parking area (rural crime gets everywhere). Looking very higgledy-piggledy from the outside, it proved to be a wonderful mish-mash of styles inside, going back to the 12th century. The tympanum over the door showed a horseman, possibly St George, slaving a Saracen at Antioch which had been retrieved from the wall of the local vicarage! Lots of Romanesque arches, a big barrel shaped roof and a huge west window giving a flood of light (and freezing cold in winter!) made the interior welcoming. The ground floor ring was the best so far although mistaking the tenor for the treble at ringing up caused some amusement. Stedman, Reverse Canterbury and Bob Doubles all went well and

then our super ladies provided us with cakes and tea (well done Moya, Ann and Alison). A local man was on hand to give us more history and he said that the circular churchyard with the centre point coinciding with the altar showed a pagan origin. The site is located on a "ley-line" to Stonehenge; a Roman Temple is thought to have been built locally and some of the most ancient Neolithic tombs in Britain, going back 6000 years, are close by – I wouldn't want to be the last to lock up on a dark night!

With the clouds turning a darker grey, we motored off to Fordingbridge St Marys (8 bells 13-0-21 cwt) past wet roads and sorry, sodden, racing cyclists. The churchyard of this big building contains the grave of the last man in England to be killed in a duel but we were here not for "firing" but for perspiring, as the back bells required a lot of work to ring up. The square tower was unusual, being built within a side bay off of huge stone piers and reached up a spiral stair. With Moya calling, we rang a fast, enjoyable bob course of Bob Triples, followed by Stedman, Oxford Bob Triples and Bob Doubles with 3 following bells. All agreed that these were the highlight of the outing and set us up for the short walk to the Crown Inn where a busy crush of drinkers were watching the football and rugby on TV. Fortunately, we had a little side room to ourselves and were soon tucking in to hot meals to finish off the day.

We left at 7.30 pm for Graham to drive us back to Sussex through the rain, happy and grateful for the work that others had put in so that we could enjoy our day out. Again, thanks must go to Graham and Moya who do so much to allow us to ring and for those who were part of the outing, including Guy for some of the driving and all of you who came along. For one day we can become part of the history of all of those towers going back through generations who ring and help maintain this part of our heritage

"How often is the case, we thus pay men a debt,
For having left a place, but still do not forget,
To pay them some sweet share, for having once been there" Robert Frost

**David Hall** 

## **Quarter Peals**

My apologies for the incorrect notice in the last issue of SallyForth. The QP of Cambridge Surprise Major said to have been rung at the Cathedral on 30<sup>th</sup> June 2017 was actually 1260 of Plain Bob Doubles rung at St Peter Upper Beeding.

- 1 Mia Pullen
- 2 James Lilley
- 3 Susan Gadd
- 4 Moya Hills
- 5 Graham Hills (C)
- 6 Irene Batchelor

1<sup>st</sup> quarter away from cover for Treble Rung as 86<sup>th</sup> birthday compliment to James H Lilley

# Chichester Cathedral of the Holy Trinity

5<sup>th</sup> August 2017

# 1344 6 spliced Surprise Major (YPBSRC all the work)

- 1 Susan Spencer
- 2 Hamish McNaughton
- 3 Nick Deadman
- 4 Jane Deadman
- 5 Phil Down
- 6 Colin Spencer (C)
- 7 Mike Smith
- 8 Ewan Grant-Richardson

#### St John the Baptist, Findon

29th July 2017

#### 1260 Plain Bob Doubles

- 1 Maggie Williams
- 2 Barbara Harbut
- 3 Caroline Jones
- 4 Nigel Boorman
- 5 Alan J Taylor (C)
- 6 Ken Black

First Quarter Peal for Treble

Rung in memory of Maggie's daughter Megan who was listening from above

#### Holy Trinity, Bosham

21st October 2017

#### 1260 Stedman Doubles

- 1 Peter Wilkinson
- 2 Caroline Taylor
- 3 Geoffrey Anthony
- 4 Mike Smith
- 5 Ewan Grant-Richardson (C)
- 6 Tim Wright

Rung to celebrate the conductors recent 18th Birthday.

This was his first Quarter Peal of Stedman as conductor.

#### Holy Trinity, Bosham

30th July 2017

#### 1260 Grandsire Doubles

- 1 Alison Everett
- 2 Carol Bishop
- 3 Mandy Rodgers
- 4 Tim Wright
- 5 Ewan Grant-Richardson (C)
- 6 Dave Hanwell Rung for Evensong

# Holy Trinity, Bosham

29th October 2017

## 1260 Plain Bob Minor

- 1 Alison Everett
- 2 Carol Bishop
- 3 Caroline Taylor
- 4 Mandy Rodgers
- 5 Mike Wake
- 6 Ewan Grant-Richardson (C)

Rung for Evensong.

First Quarter Peal of Minor - 1.

First Quarter Peal in the method - 4

#### WESTERN DISTRICT CONTACTS

Secretary	Moya Hills	01903 266980	sec-west@scacr.org		
	311 South Farm Road, Worthing BN14 7TL				
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	John Taylor	01903 745477	alansuetaylor@btinternet.com		

#### WESTERN DISTRICT PRACTICE NIGHTS

You'll always be welcome on practice nights at other towers in the division, but it might be an idea to check before you get there! **Monday:** Aldingbourne, Arundel (2<sup>nd</sup> & 4<sup>th</sup>) & Lyminster (1<sup>st</sup> & 3<sup>rd</sup>), Northchapel, Pagham, Pulborough, Slindon, Stedham, Westbourne, West Tarring & Yapton

Tuesday: Aldwick, Findon (2<sup>nd</sup> & 4<sup>th</sup>), Fittleworth, Funtington, Goring-by-Sea, Graffham, South Harting, Washington (2<sup>nd</sup> & 4<sup>th</sup>)

Wednesday: Billingshurst, Chichester, Felpham, Heene, Kirdford (7.45pm), Shipley, Stoughton, Thakeham,

Tillington (7.45pm - 1st only) & Upper Beeding, Wisborough Green (7.30pm)

Thursday: Angmering (2<sup>nd</sup>, 4<sup>th</sup> & 5<sup>th</sup>), Bosham, Easebourne (1<sup>st</sup> & 3<sup>rd</sup>), Findon (1<sup>st</sup> & 3<sup>rd</sup>), Midhurst (2<sup>nd</sup> & 4<sup>th</sup>), Milland, Petworth,

Steyning & Walberton

Friday: Amberley, Rogate & Storrington

Other Towers: Fernhurst (3), Lodsworth & Trotton (4)

#### **Regular Practices**

Beginners & Improvers Practice	1st Saturday of every month	Christine Butterfield	01903 872623
- contact Christine first			
Basic 8 Bell Practice	1st Friday of every month	Colin Spencer	01243 824952
Advanced 8 Bell Practice	3 <sup>rd</sup> Friday of every month	Colin Spencer	01243 824952
Surprise Minor Practice	4th Saturday of every month	Graham Hills	01903 266980
Codgers Practice	1st Wednesday of every month	Mike Foster codgers@scacr.org	01903 741664

#### Ways to keep in touch with what the Sussex Association of Change Ringers is doing

Take a look at the SCACR calendar at <a href="www.scacr.org/scacr-calendar">www.scacr.org/scacr-calendar</a>

Subscribe to Soundbow. SCACR quarterly magazine. £1 each or £6 pa for a postal subscription. Contact Soundbow Editor Kathy Howard 01903 813653

You can register and keep in touch via Facebook – just search for SCACR

If you use Twitter then look for @scacr and @sussexbells

If you need to know more about social media please email Alison Everett, our Communications and Events Team leader, at <a href="mailto:publicity@scacr.org">publicity@scacr.org</a>

Many thanks to everyone who sent in items for the newsletter. Your input is greatly appreciated.

Please send dates of forthcoming events for the next **Diary update** to Mandy and Hamish via <a href="news-west@scacr.org">news-west@scacr.org</a> by **15**<sup>th</sup> **January 2018** and your contributions for the next edition of **SallyForth** by **15**<sup>th</sup> **March 2018**. Thank you