

SallyForth

Western District Newsletter

Nov/Dec 2020



Diary of Events

November 2020

- Saturday 14th **Pilot Online Course - Plain Hunting** ([link](#)) Zoom/ Ringing Room 10.30am-12.30pm
Webinar followed by tutorial have-a-go practical
Contact Steph at sec-north@scacr.org
See advert on page 3
- Saturday 14th **Western District Family Zoom Quiz** Zoom 7.00pm
Please contact Moya to register your interest and get the log-in details for the event
at sec-west@scacr.org or 07941178474
- Saturday 14th - 21st **Quarter peal week** ([link](#))
Why not have a go at a quarter on handbells or Ringing Room?
Would you like to ring a quarter but don't have a band? Get in touch and we'll help!
Contact Hamish via secretary@scacr.org
- Saturday 28th **On-Line Handbell Morning** ([link](#)) Zoom/Ringing Room 9.45am-12.30pm
Contact Hamish at hamish@wandleys.uk
See advert on page 3

December 2020

- Saturday 19th **Association Christmas Quiz** Zoom
Save the date!
Details to follow in monthly SCACR email

USING ZOOM

You can download Zoom on to your laptop/computer prior to joining a meeting from their site www.zoom.us but you will be asked to sign up. If you have been sent a hyperlink in a message you can just click on this and it will take you straight to the meeting or waiting room to be admitted if the host has set one up.

Alternatively, if you wish to enter the details in manually go to the website for zoom (as above) and click 'Join Meeting' at the top of the page. If you haven't got zoom already on your computer you will be given the option to download and join/launch the the meeting with no need to sign up. You will then be asked for the meeting ID which will have been sent to you. Insert this ID in the box asking for it and click 'Join'; after that you will probably be asked to 'launch meeting' so click this and then enter the passcode which will also have been sent to you. If a waiting room has been set up you will have to wait to be let into the meeting.

All you need on your computer is audio but ideally a speaker & microphone is best, which most laptops have, so you can hear and speak to everyone. A camera, if available, also gives you the option to be seen by clicking 'start the video' from the left-hand corner of the zoom screen. If you wish to have a dummy run let me know and we can have a trial one to one session.

Moya Hills, Sec West sec-west@scacr.org 01903-266980

The #SussexTogether Festival

In celebration of The #SussexTogether Festival, bellringers in East and West Sussex (Southover, Lewes and Chichester Cathedral) will be ringing in the early evening on All Souls' Day (2 November). The ringing will remember those who have died during the pandemic but also celebrate our endurance as communities through this difficult year, which is the theme of the Festival. This and other Festival events can be found by visiting:

<https://www.visitchichester.org/event/sussextogether-%E2%80%93-festival-arts-exhibition>

Moya's Musings

What a long time it has been since we have been able to meet up in a Tower. Hopefully many of you are now ringing in your home tower for the Sunday service albeit for only 15 minutes. The Central Council are trying to negotiate with C of E to allow us to ring with only 1 metre distance between ringers as we are wearing masks, which would mean we could ring extra bells but probably still only for 15 minute.

As you will see from the front page a West District quiz is planned to be held virtually by zoom. This replaces the one on our calendar which was going to be held in St Mary's Hall, Goring after ringing at all three Towers in Worthing. This is not viable now, so, we, the Worthing ringers, thought it should still go ahead and we have put together a quiz and ask you to join us on Saturday 14th November at 7pm. It is a just for fun quiz with your family (or a group of ringers if you wish to get together, socially distanced). We would love to have you join us. We have been meeting up each Saturday for a chat and had several quizzes, played Taboo and Pictionary or had a bingo session.

Do any of you know of a circular walk which we could do as an event; not too muddy and would have parking available for the start/finish. It would be lovely to have an outdoor get together with each other from all over the District even if we can't ring.

Don't forget to look at the CCCBR website for information on other things going on nationally to keep ringing alive. There are some really good u-tube videos and innovative ways to keep ringing, some will give you a laugh or may even inspire you.

The only other thing that I wish to say is that I would like to pass on the West District Secretary post to a new person at the ADM next February, as I have now been doing it for at least 3 years and I think it would be good for a new person to take it on with fresh ideas. If you think you would be interested in taking on this position then do contact me to find out what it involves.

Take care and keep safe,



Moya Hills, Sec West

sec-west@scacr.org

01903-266980

We are very sad to record the death of our members :

Amberley: Elizabeth Butler on 17th October 2020

Westbourne: Cyril Shutler on 17th October 2020
Jane Shutler on 2nd May 2020
Jean Barnard on 13th September 2020

Michael Palmer Award

Has someone you know who is a bell ringer been going above and beyond to keep everyone in touch and ringing in these strange times. Someone who you think deserves recognition for their diligence and commitment to keeping you all in touch, albeit virtually, and keeping your ringing skills going on ringing room, and organising ways to keep you all cheerful over the past few months.

If you do then let me know at sec-west@scacr.org or text 07941 178474 with a little bit about why you think they deserve this award.

Pilot Online Course

Plain Hunting

Using Zoom

Saturday 31st October (10.30-11.30 am) Introduction to Ringing Room

This will be an introduction to using Zoom with Ringing Room

Saturday 14th November (10.30-12.30 am) Seminar and have-a-go on Ringing Room

The course will involve watching a webinar in advance, then a tutorial-style Q&A session followed by have-a-go on Ringing Room.

The session is aimed at those who can't yet ring Plain Hunt on tower bells, and also those who can but would like practise/revision.

To register interest, contact sec-north@scacr.org stating which session(s) you'd like to join.

Change Ringing Handbell Morning

9.45am to 12.30pm Saturday 28th November 2020
Zoom and Ringing Room

This event is open to all, especially:

- Handbell groups in Sussex and near by
- Those who enjoy change ringing on handbells but do not have a regular practice
- Those who want to have a go

If you are not used to the technology, there will be a familiarization session from 9.45am to 12.30pm Saturday 21st November 2020.

On the day, there will be three focus groups:

- Plain hunting to Plain Bob
- Plain Bob to Treble Bob
- Beyond Treble Bob

If you would like to join in please email Hamish McNaughton at hamish@wandleys.uk stating which of the focus groups you would like to join and whether you would like to take advantage of the familiarisation session. Information regarding logging into Zoom and the Ringing Rooms will be supplied to those wishing to attend.


THINGUMMY

This is essentially the pieces of Plain Bob Doubles, but you only ring one element at a time so it is a useful steppingstone to Bob Doubles.

The treble does 4 blows in 5ths to stop the method turning into Plain Bob.

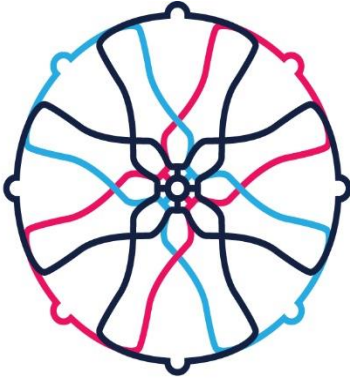
The second just hunts to 4ths, leads and then makes 2nds.

Notice that you get two "goes" at your piece of work before it comes round.

	<p><u>Treble</u></p> <p>This plain hunts twice BUT stays in 5ths place for 4 pulls (this is called LONG FIFTHS and is part of Plain Bob).</p> <p><u>Two</u></p> <p>Plain hunts, but only up to FOURTHS place (two pulls in fourths place). Useful because this is called MAKING THE BOB in a touch of Plain Bob.</p> <p><u>Three</u></p> <p>Starts with plain hunt up to 5ths place then down to lead.</p> <p>After leading, it goes UP to 4ths place</p> <p>..then back down to 3rds place for one pull ..</p> <p>... and carries on back UP to 5ths place (plain hunting)</p> <p>This is the 3,4 UP DODGE.</p> <p><u>Four</u></p> <p>Starts with plain hunt down to lead then up to 5ths place</p> <p>It then hunts DOWN to 3rds place</p> <p>..then back up to 4ths place for one pull ..</p> <p>... and carries on back DOWN to lead (plain hunting)</p> <p>This is the 3,4 DOWN DODGE.</p> <p><u>Five</u></p> <p>Like the treble, this plain hunts BUT makes LONG 5ths</p>
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Our learners have found it very helpful on Ringing Room!

[Moya Hills](#)



THE CENTRAL COUNCIL OF CHURCH
BELL RINGERS

CCCBR UPDATE

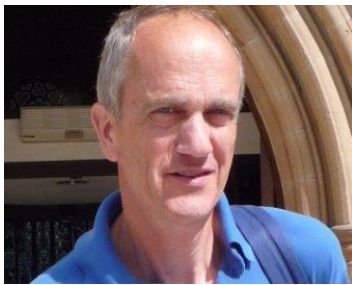
OCTOBER 2020

Recently there have been a number of major pieces of work being undertaken by the Central Council.

First and probably most important is the ongoing regular dialogue with the Church of England's Recovery Group. This has provided up to date advice and guidance about continued ringing during Covid restrictions. The advice is normally updated every Friday on the Central Council's website, this is the link to the most recent;
<https://cccbr.org.uk/2020/10/23/tiers-2-and-3-in-england-update/>

Second we have commenced consulting on further reforms of the Central Council itself and how we can provide a better service to ringers at all levels. During October we had ten sessions open to Central Council representatives and it was good to see that all of the Sussex reps took the opportunity to join in. During November we have a further series of events for different cohorts of ringers to take part in, there will also be an on-line survey circulated.

There are further areas of work being undertaken, regular blogs from the President every fortnight and the continuing monthly **You Tube competition**. In October this didn't really work out but the winner of the September competition is well worth watching and can be found at the following link;
<https://www.youtube.com/watch?v=CoVZ4iYdTE0&feature=youtu.be>
All the winning entries so far can be seen at <https://cccbr.org.uk/youtube-competition/>



If you want to receive monthly updates direct from the Central Council then you can register using the following link;
<https://cccbr.org.uk/updates/>

David Kirkcaldy
Deputy President, Central Council.
and our Central Council Rep!



*Walk and Ring
Stoughton to Funtington
10th August 2019*

Gender Imbalance in Ringing

please contribute your experiences

The Central Council has sponsored a research project into the question: **Why is it that there is an even gender balance among ringers in the early stages of ringing, but the gender distribution changes at more “advanced levels”?** A new working party is looking at this question, so that we can better understand why – although around 50% of new learners are female – there are so few women conductors, few women in senior leadership roles (e.g. ringing masters), fewer female peal-ringers, etc.

The working party has started collecting and analysing data, which can be viewed on the website: <https://www.womeninringing.info/>

The group would love to hear your views and **invite you to share your experiences in this area via the website**; your stories are an important part of the research and outreach.

Findon Bells Update

We have had an interesting time exploring the dynamics of the six bells at Findon. Two of these, the 3 and the 5, had been particularly challenging to ring up for many years and would often be up wrong. The 3, unless rung by a more experienced ringer, would invariably be up wrong.

Early investigation, reported in Sally Forth Aug/Sep 2018, hoped to find a simple answer for the difficult 3. The balance of the bell/headstock combination in relation to the swing of the clapper was the issue. We arrived at the suggestion that increasing the weight of the clapper might solve the problem.

All our bells were examined as part of a maintenance programme. The headstocks of the 3 and 5 were older than the more modern headstocks on the other bells, and top-heavy; replacement was advised.

Installation of new headstocks and clapper assemblies and overall refurbishment was carried out in November 2019. The outcome is that all bells go easily and the 3 and 5 can be rung up right every time (Sally Forth Apr/May 2020).

How do these two bells perform now compared with previous findings? Both bells swing quicker; the time for the 3 has fallen by nearly 6% and the time for the 5 by nearly 1%. The clapper/bell ratio, that is the time for the swing of the clapper as a percentage of the time for the swing of the bell, is shown in Fig. 1. The 3 is now close to the recognised limits for ease of ringing up (ref. 1). The ratio for the 5 is within these limits. The previous measurements are shown with a hatched ring.

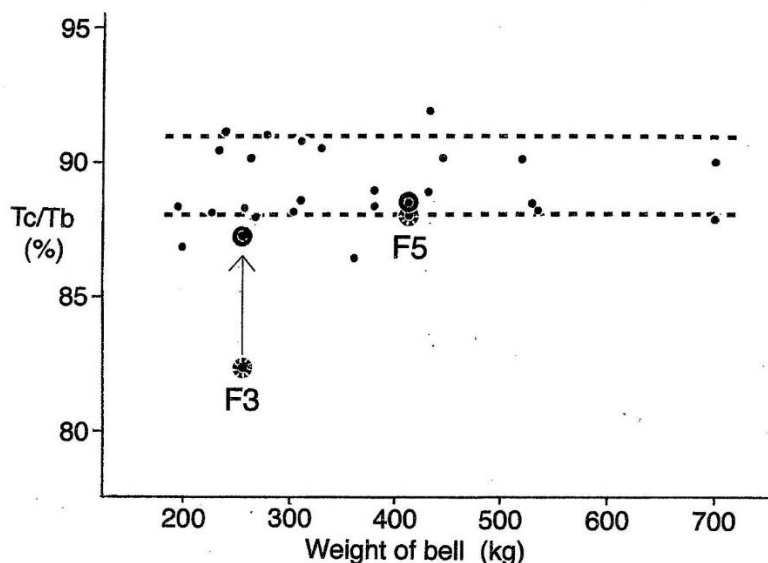


Figure 1 Clapper/bell ratio (see text)

As well as being faster, the 'throw', i.e. the distance between the axes of rotation of the bell and clapper, has changed in both bells. For the 3, this measurement has been reduced from 13.0 to 11.4 cm, and for the 5, the reduction is from 16.5 to 11.5 cm. New calculations have been added to the chart previously published in Sally Forth, Fig. 2 (ref. 2). The eagle-eyed may notice a small correction to one of the points. This shows the overall effect which is to move both bells towards the centre of the cluster, representing easier ringing.

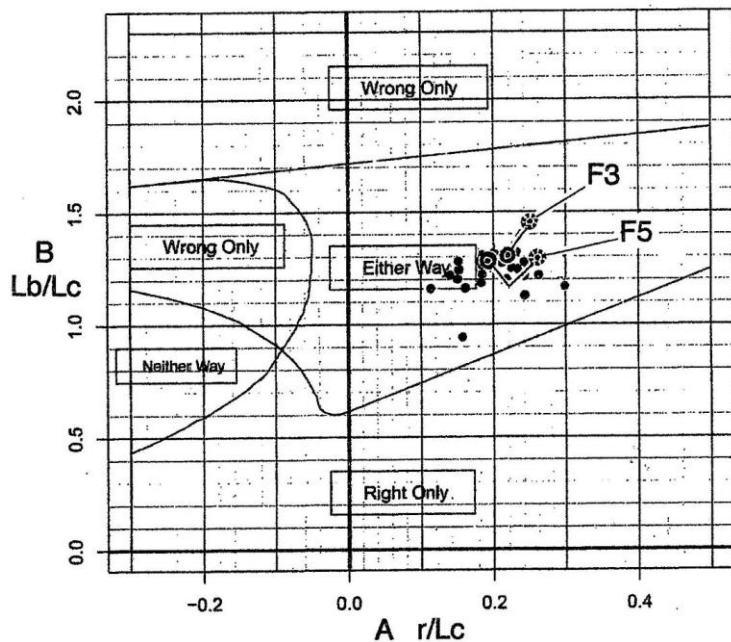


Figure 2 (after King, McClenahan, Threlfall)

The clappers are unchanged.

Michael Nott, September 2020

References

1. Manual of Belfry Maintenance, Towers and Belfries Committee, CCCBR July 2017. p.73
2. The Clapping of a Bell by F.H. King, J.W. McClenahan and B.D. Threlfall, The Ringing World, vol. 61 no. 2846, November 5, 1965. p.7



London Outing
12th October 2019

WESTERN DISTRICT CONTACTS

Secretary	Moya Hills 311 South Farm Road, Worthing BN14 7TL	01903 266980	sec-west@scacr.org
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Central Council Rep	David Kirkcaldy		
Committee Members	Janice Crawford Sue Gadd Geoff Goodman		

WESTERN DISTRICT PRACTICE NIGHTS

You'll always be welcome on practice nights at other towers in the division, but it might be an idea to check before you get there!

Monday: Aldingbourne, Arundel (2nd & 4th) & Lyminster (1st & 3rd), Northchapel, Pagham, Pulborough, Slindon, Stedham, Westbourne, West Tarring & Yapton

Tuesday: Aldwick, Findon (2nd & 4th), Fittleworth, Funtington, Goring-by-Sea, Graffham, South Harting, Washington (2nd & 4th)

Wednesday: Billingshurst, Chichester, Felpham, Heene, Kirdford (7.45pm), Shipley, Stoughton, Thakeham, Tillington (7.45pm - 1st only), Wisborough Green (7.30pm)

Thursday: Angmering (2nd, 4th & 5th), Bosham, Easebourne (1st & 3rd), Findon (1st & 3rd), Midhurst (2nd & 4th), Milland, Petworth, Steyning & Walberton

Friday: Amberley, Rogate & Storrington Upper Beeding (2nd & 4th)

Other Towers: Fernhurst (3), Lodsworth & Trotton (4)

NB: At the time of going to print all practices are still suspended

Regular Practices

Beginners & Improvers Practice - contact Christine first	1 st Saturday of every month	Christine Butterfield	01903 872623
Basic 8 Bell Practice	1 st Friday of every month	Colin Spencer	01243 824952
Stedman&Beyond 8 Bell Practice	3 rd Friday of every month	Colin Spencer	01243 824952
Surprise Minor Practice	4 th Saturday of every month	Graham Hills	01903 266980
Codgers Practice	1 st Wednesday of every month	Mike Foster codgers@scacr.org	01903 741664

Ways to keep in touch with what the Sussex Association of Change Ringers is doing

Take a look at the SCACR calendar at www.scacr.org/calendar

Subscribe to Soundbow. SCACR quarterly magazine. £1 each or £6 pa for a postal subscription. Contact Soundbow Editor Kathy Howard 01903 813653

You can register and keep in touch via Facebook – just search for SCACR

If you use Twitter then look for @scacr and @sussexbells

If you need to know more about social media please email Alison Everett, our Communications and Events Team leader, at publicity@scacr.org

Membership - changes to your details

View and update your own record in the membership database using the following link: <https://membership.scacr.org/edit-your-details> or write to The Membership Secretary at 44 Paddockhall Road, Haywards Heath, RH16 1HW

Many thanks to everyone who sent in items for the newsletter. Your input is greatly appreciated.

*Please send your contributions for the next edition of **SallyForth** to news-west@scacr.org by **15th February 2021**.*